

Physical Education Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Basic Skills	Gymnastics – Making Shapes Cat Dance (Dance)	Machines (Dance) Swimming – Year 1 Funs Reception	Piggy in the middle (Games) Swimming – Year 1 Funs Reception	Games - Beanbag Throw Gym – Assessing L1 Unit 1 Tasks 1 and 2	Colour Match (Athletics) OAA – Where are we Going?
Yr 1/2	FUNS Gymnastics – Making Shapes	3 Touch Ball (Games) Themes and Dreams (Dance)	Unit 3 Task 1 (Gym) Swimming	Rolla Ball (Games) Swimming	Games - Beanbag Throw Gym – Assessing L1 Unit 1 Tasks 1 and 2	Colour Match (Athletics) Communication Challenge + Gone Fishing (OAA)
Yr 3/4	FUNS Search and rescue and Where am I? - orienteering (OAA)	Games-Skittles Balancing Act (Gym)	Making the Grade (Dance) Gym-Assessing L2/3 Unit 3 Task 1	What a racket (N+W) Group Dynamics (Gym)	Catch the Spirit (Frisbee) Swimming	Take Aim (Athletics) Swimming
Yr5/6	FUNS Swimming	Fives and Threes (Games) Swimming	Whats so funny? (Dance) Gymnastics-acrobatic (Gym)	Runners (Games) Gymnastics-Assessing L3/4 Unit 5 Tasks 1 and 2	Catch the Spirit (Frisbee) Paris Play (S + F)	Faster, Higher, Further (Athletics) Crystal Star Challenge (OAA)
Blue text = Durham Units Red Text = QCA Units						

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Basic Skills	FUNS Moving along (Dance)	KS1 Unit 1 Taks 1 and 2 (Gym) Rolla Ball (Games) KS1 Swimming	Cat Dance (Dance) Kick Rounders (Games) KS1 Swimming	Mini Tennis (Games) Gymnastics Assessing L1 Unit 1 Tasks 1 and	Honey Pot (Athletics) Gone Fishing (OAA)
Yr 1/2	FUNS Gymnastics-Families of Action	3 Touch Ball (Games) Cat Dance (Dance)	How does it feel? (Dance) Swimming	Kick Rounders (Games) Swimming Gymnastics-assessing level 1 unit 1 Tasks 1 and 2	Mini Tennis (Games) Gymnastics Assessing L1 Unit 1 Tasks 1 and	Furthest five-Take Aim and Pass the Baton (Athletics) Shipwrecked (OAA)
Yr 3/4	FUNS Orienteering (OAA)	What's so funny? (Dance) Skittles (Inv games)	Unit 4 Task 1 + 2 (Gym) Dance	Long and Thin (Games) On the Attack (Inv games)	Boundary Line (S + F) Swimming	3 Jump Challenge (Athletics) Swimming
Yr5/6	Wide Attack (Games) Swimming	Games-Grid Rugby and Tag Rugby Swimming	Assessing L4/5 Unit 6 Task 1 and 2 (Gymnastics) Invasion (Dance)	Games Zone rounders Fancy Flight (Gym)	Runners (S + F games) Games-Pairs Cricket	Distance Challenge + Developing Athletics (Athletics) OAA Beat the Clock and Electric Fence
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