What does Jesus teach us about prayer? How did Jesus pray?

Our father, who art in Heaven



God is like a parent, a mum or dad.

He loves us always, and would never let us down.

Heaven is where God is, whereas we are here on Earth.

Hallowed be thy name.

God is the creator, the one who made everything.



He should be given honour and respect.

Thy kingdom come

Jesus is praying that God's kingdom, his desire for peace and harmony, will come to all of us.

This part of the prayer is for the kind of world that parents would want to bring a new baby into.



What do you think that world would be like?

Thy will be done, on Earth as it is in Heaven

God wants the best for us.

We pray to know and do what God wants – his will.



This shows us what we can do to make the world a better place!

Give us this day our daily bread



The Earth that God created contains enough for everyone's needs.

This prayer is for God to meet our needs, and the needs of others.

What do you think these needs might be?

And forgive us our trespasses

These are the wrong things we have done to other people and to Gods creation — our sins.



As we forgive those who trespass against us.

"Those who trespass against us" are people who have done something wrong or hurtful to us.

It can be very hard to forgive them.



Jesus is telling us that we need to pray for God to help us forgive other people, just as he will forgive us if we are truly sorry.

Lead us not into temptation but deliver us from evil.

Life is full of good things for us to explore. God gives us loads of things that we can choose to do.

We all know that we can

sometimes.

ad choices

This part of the prayer is asking God to help us avoid doing things that we know we shouldn't.

Independent Task

Imagine you were one of the followers listening to Jesus' teaching about prayer.
Write a letter to a friend telling them what you learnt and how his advice will help you to pray in future.

Write your own version of the prayer.

How can you show that you respect God?

What sort of things are we asking him for?

What are we thankful for?

Illustrate each section of the prayer.

The Lord's Prayer

Our Father, who art in Heaven, Hallowed be Thy name. Thy Kingdom come, Thy will be done On Earth as it is in Heaven. Give us this day our daily bread And forgive us our trespasses As we forgive those who trespass against us. Lead us not into temptation But deliver us from evil. Amen